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## Appendix 1: Interview guide

**Research title: “Perceptions of nurse managers on creating a healthy environment for intellectually disabled adolescents in South African rehabilitation centres”**

**Researcher: Dr RG Malapela**

### **Instructions to the participants**

You are welcome and requested to participate in the interview as scheduled. The interview will take 30-60 minutes and it will be conducted in English. The interview is divided into three (3) sections. Feel free to answer the questions and there are no right or wrong answers. Confidentiality will be maintained throughout; you are not allowed to mention your real names. Participation is voluntary, should you experience any negative feelings such as anxiety and discomfort during the session, you are free to request the interviewer to discontinue until you are calm and relaxed. You will be referred for counselling and debriefing sessions to the relevant counselling department if you wish to do so. At the end of the interview, you are free to ask questions if you need clarity.

### **Section A: Warm-up questions with demographic questions**

False Name:.....

Age: .....

Gender:.....

Relationship status: Married:  Single:  Divorced:

Highest Qualification: .....

Area of employment: Public  Non-Governmental Organization

Years of working experience: .....

Occupation:.....

## **Section B: Central questions**

What are the nurse managers' perceptions regarding the creation of a healthy environment for intellectually disabled adolescents in the care and rehabilitation centres?

What is the role and responsibilities of nurse managers in the creation of a healthy for intellectually disabled adolescents in the care and rehabilitation centres?

What support measures are needed for the creation of a healthy environment for intellectually disabled adolescents in the care and rehabilitation centres?

What are the factors favourable for the creation of a healthy environment for intellectually disabled adolescents in the care and rehabilitation centres?

What are the challenges that affect the creation of a healthy environment for intellectually disabled adolescents in the care and rehabilitation centres?

What interventions would you recommend for the creation of a healthy environment for intellectually disabled adolescents in the care and rehabilitation centres?

## **Section C: Cooldown questions**

We are nearing the end of the interview, what would you like to suggest about the topic?

Do you have follow-up questions related to the topic?

How did you feel about participating in the study?

Should a need for follow up questions arise, are you available?

Thank you for your time and participation.

The recording will be switched off.

THE END